

FCS NEWS & NOTES

Cooperative Extension Service
Muhlenberg County
3690 State Route 1380
Central City, KY 42330-5512
(270) 338-3124
extension.ca.uky.edu



Don't forget to call us at (270) 338-3124 to sign up for upcoming events!

December 5: Wits Workout at 10:30 AM at the Extension Office.

December 6: If you ordered a poinsettia in support of Muhlenberg County 4-H, flowers will be ready to pick up at the Extension Office on Friday, December 6 from 1 to 4 PM or Saturday, December 7 from 9 AM to 12:30 PM.

December 6: Laugh and Learn play date for parents and children ages 5 and under from 10 AM to 11 AM at the Extension Office.

December 10: Pie Baking Class from 9 AM to 1 PM for those who have registered. **CLASS IS FULL.** *Don't forget to bring your \$8 fee if you registered and have not paid yet.*

December 12: Block of the Month Quilting Group meeting at 9 AM at the Extension Office.

December 12: Wits Workout at 10:30 AM at the Extension Office.

December 25-January 1, 2025:
Office Closed

January 4: Stitched Together at 10 AM at the Extension Office. Bring your sewing machine if you have one.

January 8: Quilt Jacket Class at 9 AM at the Extension Office. This will be an informational meeting on creating your quilt jacket; class will be January 29-31 at 9 AM each day at the Extension Office.

January 20: Office Closed

January 23: Cake Decorating Class from 9 AM to 12 PM for those who have registered. **CLASS IS FULL.** *Don't forget to bring your \$5 fee if you registered and have not paid yet.*

January 24: Laugh and Learn play date for parents and children ages 5 and under from 10 AM to 11 AM at the Extension Office.

January 27: Pure Home Series at 10 AM and 6 PM at the Extension Office. Please contact the Extension Office to let us know which time you would like to attend. Space is limited. At our January meeting we'll tackle laundry and you'll make and take your own laundry detergent.

A Note from your Family & Consumer Sciences Agent

Happy Holidays!

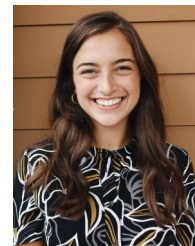
Can you believe 2024 flew by so quickly? As we wrap up this year, some of our programs are concluding, but we're already looking forward to 2025! We're thrilled to announce the launch of a brand-new series—*Pure Home!*

Starting in the new year, this series will run twice a month, with one class

in the morning and one in the evening. Each month, we'll dive into a different topic that will help you make your home more cost-efficient, eco-friendly, and peaceful. Our first lesson is all about laundry—promise it will be fun, and we're sure you'll learn something new in every session!

Be sure to follow us on Facebook to

stay up-to-date with all the new programs we have coming your way!



Alex Kelly

Alex Kelly
Muhlenberg County
Extension Agent for
Family & Consumer
Sciences Education

A Note from Beth Moore, Cultural Arts Chair

A quip from the Cultural Arts Committee

In the October newsletter, I discussed the principles of art. This month we're talking about the elements of art, which are the basic elements that are used by artists in creating art; they are what they use to create an aesthetically pleasing work. Many of these same things can be used in photography.

Line-A mark made by a pointed tool such as a brush, pen or stick; a moving point

Shape-A flat, enclosed area that has two dimensions, length and width. Artists use both geometric and organic shapes.

Color-One of the most important elements. It is created by light. There are three properties of color; hue (name), value (shades and tints), and intensity (brightness).

Value-Degrees of lightness or darkness. The difference between values is called value contrast

Form-Objects that are three-dimensional having length, width, and height. They can be viewed from many sides. Forms make up space and volume.

Texture-Describes the feel of an actual surface. The surface quality of an object; can be real or implied.

Sign up for Remind Text Messaging so you never forget a meeting!

To join the Muhlenberg County Homemakers group, text the message **@98472d** to the phone number **81010**.

Homemaker Council members can join the Homemaker Council group by texting the message **@e8a3de** to the phone number **81010**.

After joining you will receive text messages with reminders such as program time changes, new program information, inclement weather closings, etc.



Thought for the Day

“Workin’ on a mystery, goin’ wherever it leads, runnin’ down a dream.” Runnin’ Down a Dream-Tom Petty and the Heartbreakers, 1989




Loretta Grace and Vicki Morrison of the Forever Young Homemaker Club gave the lesson on, “How to Get Out of a Mealtime Rut,” at their November meeting. They made a healthy pizza from a recipe in the lesson. It got several thumbs up.



Congratulations to Lisa McIntosh for being our Ovarian Cancer Quilt Raffle Winner.

Contact Us

 (270) 338-3124

 Facebook Pages:

Muhlenberg
County
Cooperative
Extension

Muhlenberg
County
Homemakers

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506

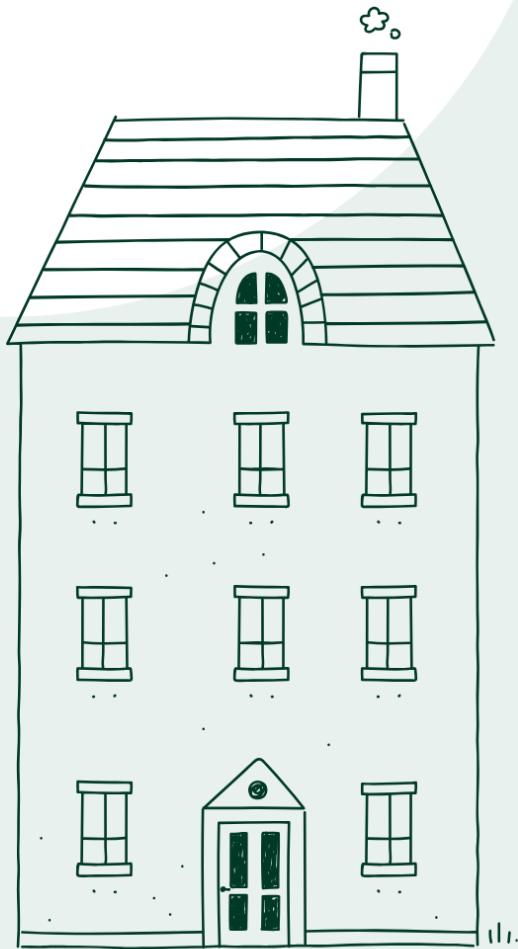


Disabilities
accommodated
with prior notification.

PURE HOME SERIES

**FREE
SERIES**

**CRAFTING SAFE, COST EFFECTIVE HOME
PRODUCTS.**



OUR FIRST MEETINGS:

**JANUARY 27, 2025
10 AM**

**JANUARY 27, 2025
6 PM**

**THEN: ONCE PER MONTH MORNING &
EVENING THRU APRIL 2025.**

**AT OUR FIRST MEETING WE'LL
TACKLE ALL THINGS LAUNDRY &
MAKE OUR OWN HOMEMADE
LAUNDRY DETERGENT.**

**PLEASE CONTACT US TO SIGN UP.
SPACE IS LIMITED.
(270) 338-3124**

Laugh & Learn

A one hour play date for you and your child to engage in playful activities that are designed to prepare them for Kindergarten.

Stories • Songs • Crafts • Snacks
at every play date!

January 24, 2025 April 25, 2025
February 28, 2025 May 2, 2025
March 28, 2025

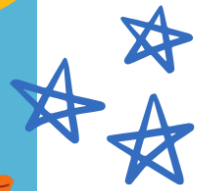
ALL MEETINGS 10-11 AM

June & July: To-go activity bags available!

FREE FOR YOUTH AGES
5 and under

Sign up now!

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Stitched Together

Join our free sewing community.

Join us for our first meeting

Saturday,
January 4, 2025
10:00 AM

Then we'll meet

The first Tuesday
evening of every
month
beginning in
February. Time
TBD.

Whether you're a complete beginner or looking to brush up on your sewing techniques, these free sewing classes are perfect for all adults. Open to all skill levels.

Contact us to sign up

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QUILT JACKET CLASS

Repurpose your old quilt into a usable jacket, or piece your own fabric for your quilt jacket!

This is a great project to use up scrap pieces, leftover material, or quilt blocks leftover from past projects.



Join us for an informational session to prepare you to create your quilt jacket:

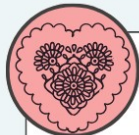
**January 8, 2025
9:00 AM**



Join us to create your quilt jacket:

**January 29, 2025
January 30, 2025
January 31, 2025**

**9:00 AM
(each date)**



Let us know your coming!
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